

Impact Assessment Report

Community Rural Mental Health Program

FY- 2023-24

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1. Project Overview.

This project intervenes in this direction and provides free psychiatric treatment to persons with mental illness (PWMI), rehabilitation for PWMI and their careers, and creates a sustainable model of prevention and treatment of mental illness. The program also aims to build awareness about mental health and normalise mental illness.

Project Duration: 30th March 2023 to 31st March 2024 (On-Going Project)

State: Orissa

District: Puri and Koraput

Financial Nature: Fully Funded

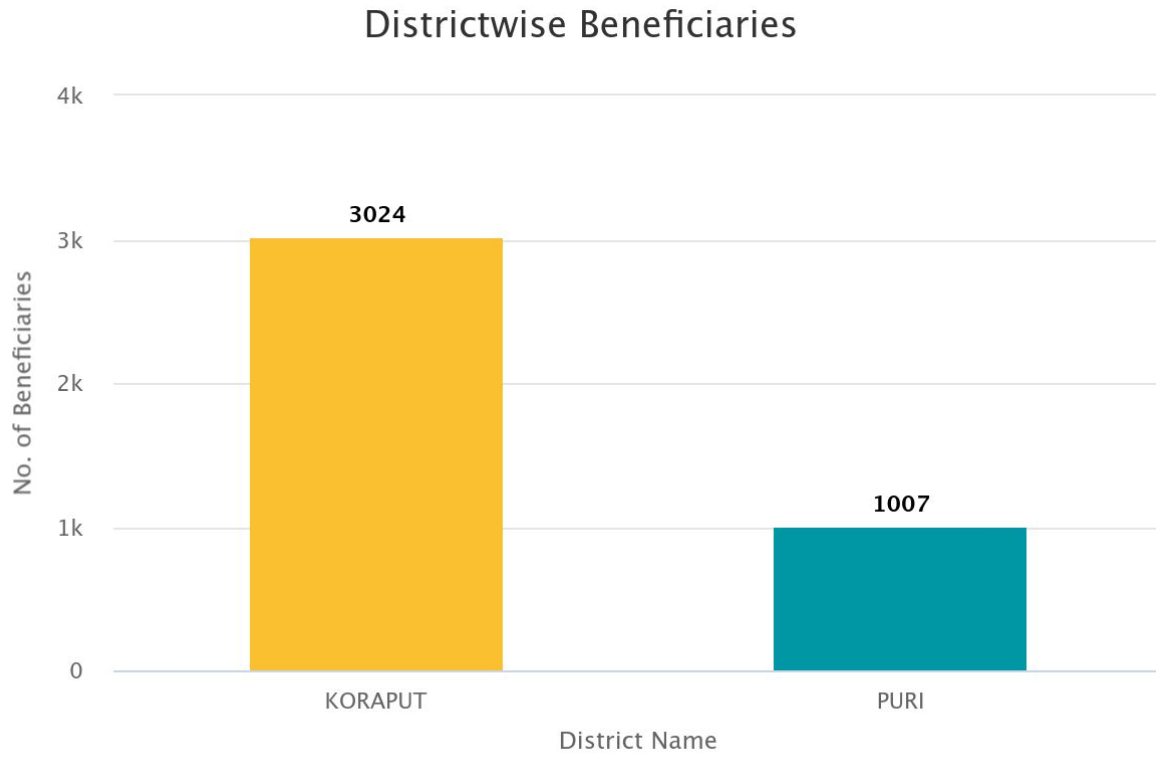
Project Budget: 1.24 Cr

Target Beneficiaries: 3000 Beneficiaries and their caregivers.

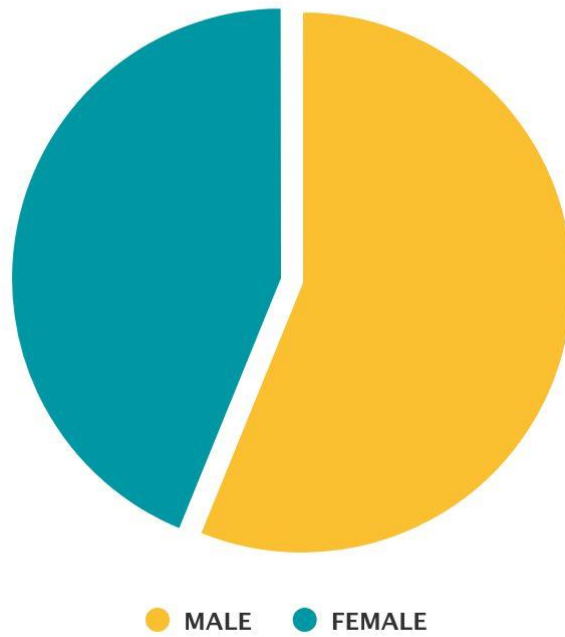
SDG's Targeted: SDG 3- Good Health and Well Being



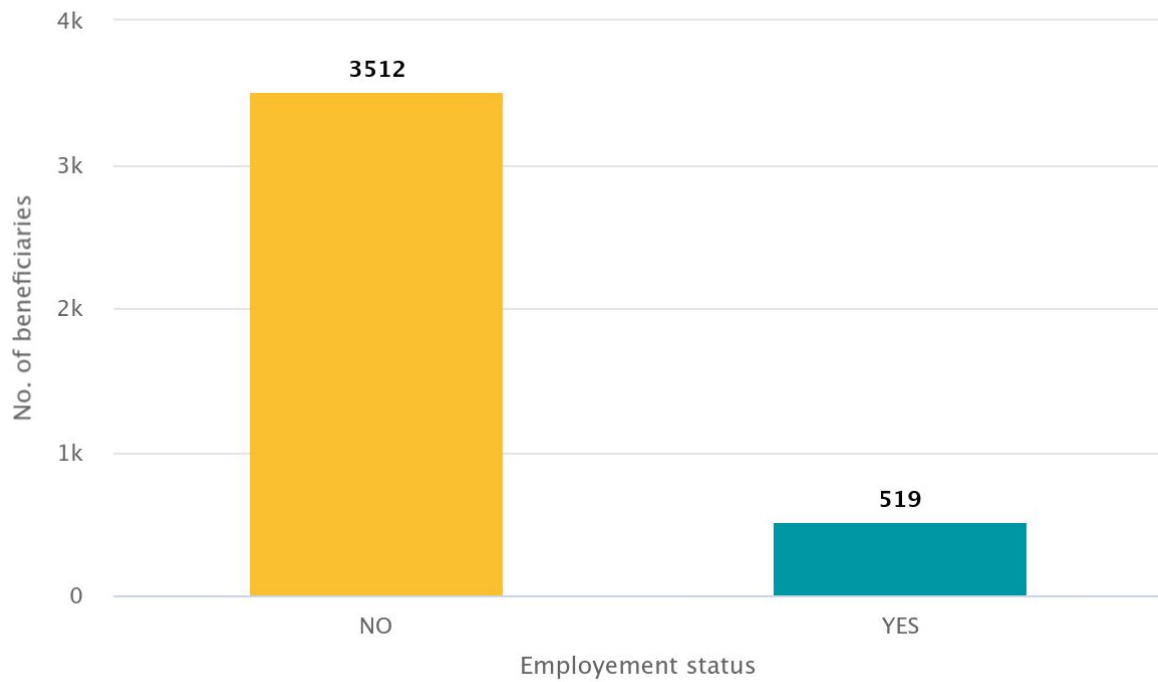
2. Impact



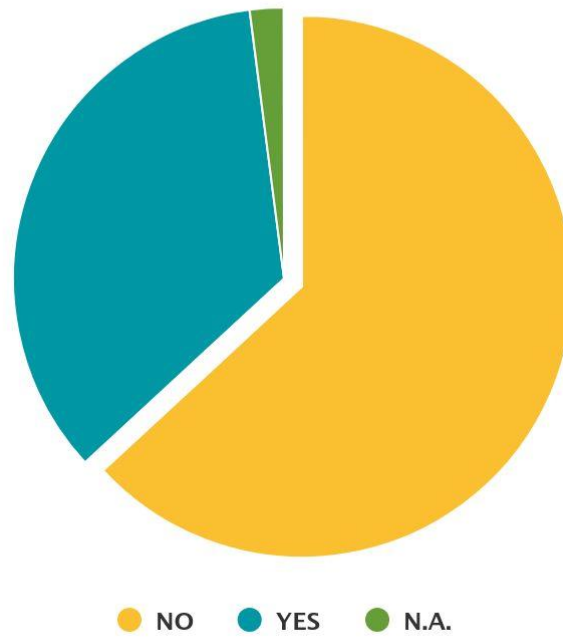
Gender wise details



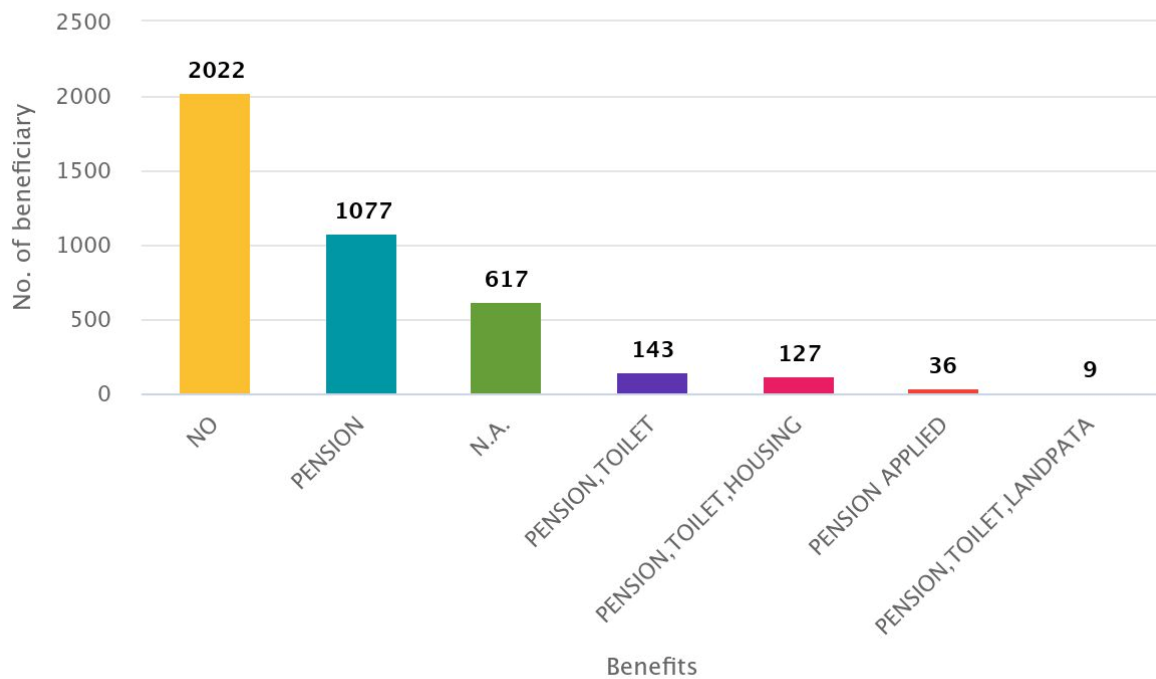
Employment status



UDID status



Benefits



3. Testimonials

3.1:

Name: Mithun Huluka

Age: 18

Gender: Male

Mithun Huluka and his other two brothers are residing in a tribal village named Basanaput of Podapadar Gram panchayat under Narayanpatana block. They are residing with their grandmother as their parents are dead. Mithun is 18 years old and the youngest. They used to live happily with their grandmother working in their field. As Mithun is youngest, he used to help his two brothers and grandmother in their work.

In the year 2022 during the period of survey started for identification of PWMIs by LLL at Basanaput, some villagers informed about Mithun. The staff consulted Mithun's grandmother who said that Mithun has a serious case of epilepsy. They treated him with local herbs but to no avail. For the past three years he behaved roughly, stopped going out and started to talk himself.

He was identified as a PWMI and taken for treatment to CHC Lakshmipur & for follow up to the health camps. After taking proper medication for one year, he became stable and felt quite well. He now continues medicines and frequent follow ups are done by the staff. During a recent during the doorstep counselling session, he was found carrying water from the river for vegetable gardening. He said that he feels well & is happy to help his family by doing tasks for them.



3.2:**Name:** Madan Kendu**Age:** 50**Gender:** Male

Madan Kendu, a 50-year-old man from Kenduguda village, faced numerous challenges as the sole breadwinner of his family. He worked as a daily wage labourer, earning Rs.300 daily. In January 2023, he was diagnosed with a mental illness, which caused him to wander and forget his family members. This situation created immense difficulties for the family, as they had no means of income and no land for cultivation. His wife,



Rukmani, sold her jewellery in an attempt to seek traditional treatment for him, but it proved to be expensive and unsuccessful. In her desperate search for help, Rukmani learned about the intervention of LLL. She reached out to the staff and shared her husband's plight. Subsequently, a Cluster Level Caregivers Group Meeting was organized in Kenduguda in September 2023, where Rukmani attended for the first time. During the meeting, she discussed her husband's health issues and the family's struggles. As a result, the group made the decision to admit and treat Madan at Sahid Laxman Naik Medical College in Koraput, with the assistance of Staff carers group members. Madan received regular medication as advised by the doctors.

After a month, Madan's mental condition showed significant improvement. In January 2024, Madan decided to participate in the OPD health camp at CHC Boipariguda. He underwent a thorough health check-up and diligently took his prescribed medication for two consecutive months. As a result, he achieved a complete recovery and regained the ability to attend to his personal tasks and actively contribute to household chores. His overall demeanour appeared to be much more normal compared to before.

It became increasingly evident that both the patients themselves and their caregivers faced numerous challenges in accessing proper healthcare services. The collaboration with the Dist. Mental Health Program team (DMHP), achieved remarkable success by providing essential medications and counselling services directly at the patients' doorstep. Madan was fortunate enough to receive the necessary medicines right at his own home.

As of now, Madan is in a stable condition and earns a daily wage of Rs.300 by working as a labourer in his own village and neighbouring areas. His wife, Rukumani, plays a pivotal role in caring for their children while Madan provides for their daily

sustenance. Moreover, Madan actively participates in Gram Panchayat level caregivers group meetings to sensitize other caregivers about the appropriate treatment and care for individuals with mental illness. He also tirelessly advocates for caregivers' rights, often engaging in battles with various government departments.

Currently, Rukumani represents the Kenduguda Panchayat Carers group at the Block level carers federation in Boipariguda. Her adeptness and capabilities allow her to effectively present issues concerning mentally ill individuals and their families. She is dedicated to resolving the challenges faced within the community.

In conclusion, despite the initial hardships faced by Madan and his family, their journey towards recovery has been commendable. With the unwavering support of donors and the determination of individuals like Madan and Rukmani, they have overcome obstacles and paved the way for a brighter future.

3.3:

Name: Kamlu Bhumia

Age: 44

Gender: Male

Saralaguda, a village within the Pakhanaguda panchayat in the Kundra block of Koraput district, is home to Kamlu Bhumia, a 44-year-old man. He resides with his wife, Raimati Bhumia, and their two daughters and one son. The family's primary source of income is manual labour and the collection and marketing of Non-Timber Forest Produce (NTFP) such as mahua, tola, bamboo, mushroom, and Saal leaf, including Saal seeds and mahua.



Unfortunately, since March 2016, Kamlu Bhumia has been suffering from a mental illness. He often wanders away from home and struggles to recognize anyone or specific locations. Instead of seeking medical help, Raimati sought the assistance of a traditional healer, which proved to be futile. Kamlu's mental condition rendered him unable to work, causing significant hardship for the family. Raimati faced immense challenges in supporting the family on her own.

In 2023, LLL extended the "Rural Community Mental Health Program" to Kundra Block of Koraput District. An awareness meeting was organized in Saralaguda village, where Raimati Bhumia and ASHA workers attended and raised concerns about Kamalu's health. It was decided that Kamlu would receive treatment at Kundra

Community Health Center (CHC). On July 10, 2023, DMHP, LLL& CHC conducted an Outpatient Department (OPD) session held on a fixed monthly day.

Kamlu actively participated in the World Mental Health Day celebration and shared his personal experience as a person living with mental illness. He emphasized the importance of seeking timely and appropriate treatment to others.

In December 2023, a cluster-level carer's group was formed in the Pakanaguda panchayat, consisting of 10 mental health patients. Raimati joined the group as a member and highlighted that she had not received any benefits under government schemes due to the lack of a Unique Disability ID (UDID) certificate for her husband. In January 2024, a BBSA camp was organized at Kundra block, during which an application for the UDID certificate was made with the assistance of the staff from LLL. The officials assured that the pension application would be processed after receiving the UDID certificate application.

4.Gallery





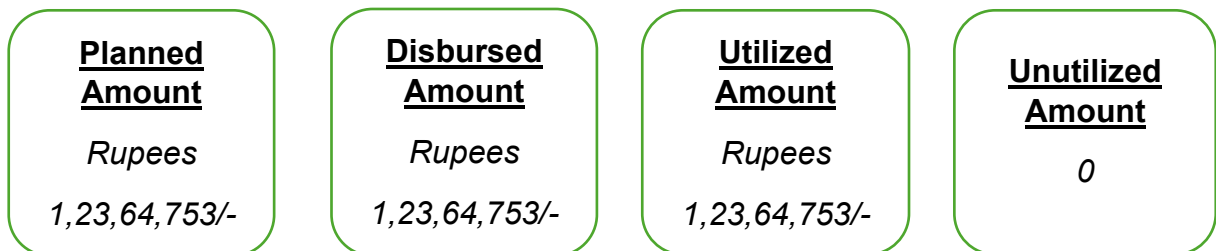


5. Annexures

5.1 Beneficiary List (Description)

District	Number of Beneficiary
Puri	1007
Koraput	3024
Total	4031

5.2 Project budget



5.3 Project Budget Utilization: List of Supporting Documents.

Sr. No.	Invoice/Receipt/Bill Submitted
1	Field Level Implementation Cost
2	Impact Assessment
3	Field Travel
4	Monitoring and Evaluation
5	Capacity Building

5.4 Due Diligence Checklist-

Name of the Document	Status (Yes/No/N.A.)
CSR Form 1	Yes
80 G Certificate	Yes
12 A Certificate	Yes
Pan Card	Yes
FCRA Certificate	Yes
Project MOU	Yes
Audited UC	Yes
80 G Receipts	Yes

6. Summary

This project intervenes in the direction of mental health awareness and advocacy and provides free psychiatric treatment to persons with mental illness (PwMIs), rehabilitation for PwMIs and their careers, and creates a sustainable model of prevention and treatment of mental illness. The program also aims to build awareness about mental health and normalise mental illness. This ongoing project was implemented in accordance with the existing rules and laws pertaining to the Corporate Social Responsibility Act, and all compliance matters have been met for this project.